 

**Advent Wellness a Golf stays at the Grund Resort!**

**Come relax to amazing nature in Giant Mountains!**

**When**

25.11 – 25.12.2012 (departure the 26th December)

**What we prepared?**

**On the day of arrival**

Taste the fine cuisine of the Chef Jiří Středa – to the three-course menu – a bottle of house wine for free

**The first day of stay**

**Wellness and Golf to improve mood**

09.00 - 21.00 - sauna, swimming pool, jacuzzi\*\*

09.00 - breathing and stretching exercises with Andrea\*\*

10.00 – 12.00 - an hour of golf simulator for golf beginners with our trainer\*\*

- for golf „professionals“ an hour of golf simulator (all Fri-Sun, according to the schedule)\*\*

14.00 – 19.00 - let you do new nails with Petra

- pamper your children with paraffin pack

18.00 - Nordic walking with Andrea \*\*

**The second day of stay**

09.30 – 13.30 - **„Mountain sauna detoxification ritual with Petra“** – experience the expanding hot air

- above hot stones, smell the wonderful aroma of herbs, your pores are open and there is

- a strong detoxification. At the end of the ritual wipe your face and neck with honey,

- which acts as a gentle scrub and cleans your skin and detoxifies

- **you relax your body and mind, the only risk of Mountain ritual is simply that you become dependent on it**

- advance booking required, max.number of participants 8 people, price 600,- Czk / person

Use extended options of check out time and enjoy free wellness until 15.00 hours

**Price 2990 CZK per room per night**

Price includes: accommodation, breakfast, welcome drink, internet access and activities marked with \*\*,

which you can book – places are limited

**The team of Grund Resort Golf&Ski is sincerely looking to seeing you!**