



GRUND RESORT
G O L F & S K I ★ ★ ★ ★

ASTEN HOTELS
excellence and care

Advent Wellness a Golf stays at the Grund Resort!

Come relax to amazing nature in Giant Mountains!

When

25.11 – 25.12.2012 (departure the 26th December)

What we prepared?

On the day of arrival

Taste the fine cuisine of the Chef Jiří Středa – to the three-course menu – a bottle of house wine for free

The first day of stay

Wellness and Golf to improve mood

- 09.00 - 21.00 - sauna, swimming pool, jacuzzi**
- 09.00 - breathing and stretching exercises with Andrea**
- 10.00 – 12.00 - an hour of golf simulator for golf beginners with our trainer**
- for golf „professionals“ an hour of golf simulator (all Fri-Sun, according to the schedule)**
- 14.00 – 19.00 - let you do new nails with Petra
- pamper your children with paraffin pack
- 18.00 - Nordic walking with Andrea **

The second day of stay

- 09.30 – 13.30 - „**Mountain sauna detoxification ritual with Petra**“ – experience the expanding hot air
- above hot stones, smell the wonderful aroma of herbs, your pores are open and there is
- a strong detoxification. At the end of the ritual wipe your face and neck with honey,
- which acts as a gentle scrub and cleans your skin and detoxifies
- **you relax your body and mind, the only risk of Mountain ritual is simply that you become dependent on it**
- advance booking required, max.number of participants 8 people, price 600,- Czk / person

Use extended options of check out time and enjoy free wellness until 15.00 hours

Price 2990 CZK per room per night

Price includes: accommodation, breakfast, welcome drink, internet access and activities marked with **, which you can book – places are limited

The team of Grund Resort Golf&Ski is sincerely looking to seeing you!



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